

## EP 11 - 6 Lessons From An Amazing Cat

 [www.ChrisKreuter.com/CDWI](http://www.ChrisKreuter.com/CDWI)

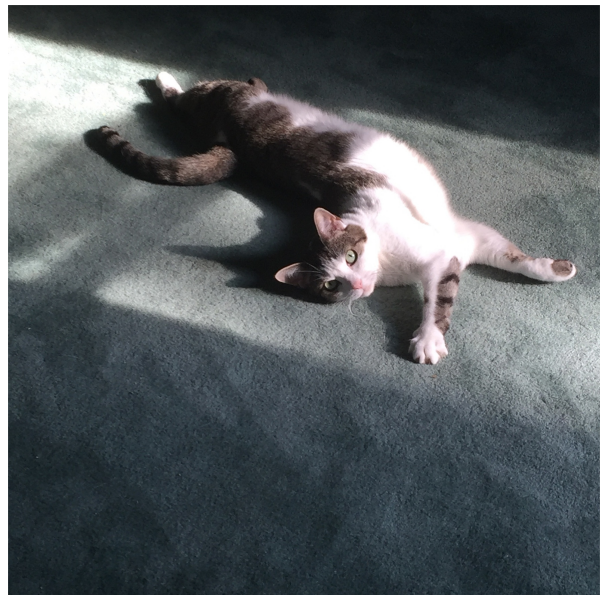
© 2022 by Kreuter Studios - All rights reserved

Over the Labor Day weekend, my beloved cat Yoshi passed away. We met when she was a cute, mangy little stray in the Bronx, and was a part of my life for nearly 14 years.

Losing someone is a chance for each of us to reflect. To crystallize that person in our hearts & minds. Ensure their best memories & qualities live on in us. It can't be helped that they turn into a kind of abstraction through this process. An incomplete imprint of a person, but still a soul impacting lives long after their passing.

Through this memorial episode, I share these insights, these abstractions, along with stories to illustrate these insights.

***Trigger warning: In this episode I talk about the death and burial of a pet.***



YOSHI: DOB ??? - Adopted: 23 OCT 2008 -  
Died: 2 SEP 2022

*Skip this episode if this is something you don't want to read about.*

## Lessons From Yoshi

1. Creating art can open our heart & mind to possibility
2. Seize opportunities to be bold & have others take notice
3. A cat isn't likely to change the world, but they can drastically change a person
4. The natural way of life is to be easy going
5. If we're lucky, we can make our death something beautiful & life affirming
6. The practical can be done alongside the emotional

### 🗨 Episode 10 Quote:

From Abraham Maslow, the famous psychologist:

*A great lesson from the true mystics is that the sacred is in the ordinary. That it is to be found in one's daily life, in one's neighbors, friends & family. In one's backyard.*





